

Restricted Diet Food Recommendations

***Disclaimer: Any food may have come in contact with a contaminate, we make no promises!**

Vegan

- Granola (honey) w/soymilk
- Bialy (Not Bagels)
- Fruit Cup & Grapefruit
- White & Rye Bread
- Potato Salad
- Cole Slaw
- Soup of the Day (sometimes)
- Pickle plates
- Salads w/o meat & eggs
- Vinaigrette Dressing
- Grilled Zucchini
- Buttered Noodles SUB OIL
- French Fries

Vegetarian

- Eggs
- Hash
- French Toast
- Latkes
- Bagel & Cream Cheese
- Salads w/o meat
- All Dressings beside Caesar (anchovies)
- Veggie Reuben
- Veggie Burger
- Egg Salad Sandwich
- Avocado & Cheese Sandwich
- Knish
- Mac & Cheese
- Potato Salad
- Cole Slaw
- Hungarian Mushroom Soup
- Soup of the day (sometimes)
- Noodle Kugel
- Buttered Noodles
- Desserts

Non-Dairy (mostly)

- Granola w/soymilk
- Bialy
- Eggs cooked in oil
- Soup of the Day (sometimes)
- Chicken Soup
- Carving board sandwiches w/o cheese
- Salads
- Vinaigrette Dressing
- Potato Salad
- Cole Slaw
- Buttered Noodles SUB OIL
- Macaroons
- Zucchini Bread & other desserts

Gluten Free

All carving board sandwiches can be made with gluten free bread for up charge \$1. When grilled or put in toaster, the gluten-free bread may pick up bread crumbs.

- Fruit Cup & Grapefruit
- Granola
- All salads w/o bagel chips
- Vinaigrette Dressing
- Soup of the Day (sometimes)
- Pickling Spice (for meats & pickles)
- Pot Roast w/o bread
- Chicken Soup w/o Matzo Balls
- Potato Salad
- Cole Slaw
- French Fries
- Macaroons